

Low Carb Sausage Balls (Gluten Free)

(Cooking with the Girls – Ep. 5)

Ingredients:

1 1/2lbs of Ground Sausage

1 cup of Sharp Cheddar Cheese

1 Egg

3/4 tsp of Baking Powder

3/8 cup of Almond Flour

Directions:

Preheat oven to 350 degrees. Line baking sheet with parchment paper.

In a large mixing bowl, add sausage, cheese, eggs, baking powder, and almond flour. Mix until well combined.

Roll into 1" balls and place on lined baking sheet. Bake in oven 25-30 mins or until golden brown.

Let cool for 5 mins. Serve!