PEOPLE FOR PEOPLE MEALS-ON-WHEELS AMERICAN FOOD MENU

Dining Rooms: Selah Civic Center, Yakima: Harman Senior Center, Henry Beauchamp Community Center
Union Gap Senior Center, Sunnyside Senior Center and Grandview Senior Center

January 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01/01 ALL SITES CLOSED HAPPY NEW YEARS	01/02 Baked Ham Mashed Potatoes Normandy Blend Mandarins Dinner Roll	01/03 Unstuffed Peppers Tossed Green Salad with Tomatoes Mixed Fruit	01/04 Fish Burgers Lettuce, Tomatoes, Onions, & Cheese Roasted Red Potatoes Pear Crisp	01/05 Swiss Steak Mashed Potatoes Broccoli Normandy Grapes
01/08 Southwest Ziti Casserole Coleslaw Apple	01/09 Chicken Broccoli Stir Fry Green Beans Mandarin Oranges	01/10 Minestrone Soup Apple Cabbage Salad Pears	01/11 Cheeseburger Lettuce, Tomatoes, Onions, & Cheese Baked Beans Apricots	01/12 Chicken Noodle Soup with ½ Cheese Sandwich Tossed Green Salad with Cucumbers Peach Cobbler
01/15 ALL SITES CLOSED MARTIN LUTHER KING DAY	01/16 Beef Stroganoff Broccoli Peas Fruit Cocktail	01/17 Baked Chicken Au Gratin Potatoes Capri Blend Vegetables Applesauce	01/18 Beef Stew Pea, Pickle, & Cheese Salad Orange Corn Bread	01/19 Ham Fried Rice Oriental Cucumber Salad Mixed Vegetables Banana
01/22 Turkey Tetrazzini Tossed Green Salad with Tomatoes Broccoli Pineapple	01/23 Reuben Sandwich Sauerkraut Coleslaw Peaches	01/24 Roast Turkey Mashed Potatoes Sliced Carrots Apple Dinner Roll	01/25 Tuna Casserole Peas Coleslaw Orange	01/26 Meatloaf Mashed Potatoes Mixed Vegetables Apricots
01/29 Pork Roast Scalloped Potatoes Steamed Carrots Peaches	01/30 Chicken Cacciotore Normandy Blend Vegetables Cinnamon Applesauce	01/31 Beef Lasagna Sliced Cucumbers with Ranch Capri Blend Vegetables Pineapple		

ALL MEALS SERVED WITH MARGARINE AND 1% MILK

CALL (509)426-2601 THE DAY BEFORE BY 3:30PM TO REGISTER FOR LUNCH.

We serve lunch from 11am through 11:30am.

PEOPLE FOR PEOPLE MEALS-ON-WHEELS HISPANIC FOOD MENU

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Union Gap Senior Center, Sunnyside Senior Center and Grandview Senior Center

January 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01/01 ALL SITES CLOSED HAPPY NEW YEARS	01/02 Chicken Hominy Soup Cabbage with Lemon Mandarins	01/03 Grilled Fish Tacos Lettuce, Tomatoes, & Onions Black Beans Mixed Fruit	01/04 Hamburger Beef Soup Peas Pear Crisp	01/05 Chicken with Zucchinni Rice Broccoli Normandy Grapes
01/08 Pork Mole Rice Diced Carrots Coleslaw Apple	01/09 Cheese Stuffed Peppers Green Beans Mandarin Oranges	01/10 Pork Chorizo Burritos Apple Cabbage Salad Mixed Vegetables Pears	01/11 Chicken with Cream Sauce Sliced Carrots & Mushrooms Baked Beans Apricots	01/12 Beef Tacos Shredded Lettuce, Tomatoes, & Cheese Corn Salad Peach Cobbler
01/15 ALL SITES CLOSED MARTIN LUTHER KING DAY	01/16 Chicken Fajitas Rice Bell Peppers & Onions Broccoli Fruit Cocktail	01/17 Scrambled Eggs with Cactus Capri Blend Vegetables Applesauce	01/18 Fish Soup Pea, Pickle, & Cheese Salad Orange Corn Bread	01/19 Pinto Bean & Ham Soup Cottage Cheese Mixed Vegetables Banana
01/22 Cheese Quesadillas Tossed Green Salad with Tomatoes Pineapple	01/23 Pork Mole Steamed Rice Peas Coleslaw Peaches	01/24 Beef with Potatoes Sliced Carrots Apple	01/25 Chicken Tacos Shredded Cabbage, Tomatoes, & Cheese Refried Beans Orange	01/26 Beef Tamales Mixed Vegetables Tossed Green Salad With Tomatoes Apricots
01/29 Beef with Noodles Normandy Blend Coleslaw Peaches	01/30 Chicken Enchilada Casserole Normandy Blend Vegetables Black Beans Cinnamon Applesauce	01/31 Chicken Tamales Sliced Cucumbers with Ranch Capri Blend Vegetables Pineapple		

ALL MEALS SERVED WITH MARGARINE AND 1% Milk

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