



HARMAN CENTER

at Gailleon Park

SPRING NEWSLETTER

HOURS

MONDAY—FRIDAY: 8:00am—4:00pm SATURDAY: 9:00am—3:30pm

101 N 65TH AVE, YAKIMA, WA 98908 (509) 575-6166

WWW.YAKIMAPARKS.COM/SENIOR-CENTER

Center Closures

**May 23rd & 25th
Saturday/Monday
Memorial Day Weekend**

**June 19th
Friday
Juneteenth**



@yakimaharmancenter



**Yakima Harman Center and
HC Trips & Tours**

All persons 50 and older are welcome to participate in a wealth of recreational, educational and social activities at the Harman Center, a unit of City of Yakima's Department of Public Works. Harman Center is a tax-supported City service.

We host a variety of family-friendly events throughout the year. Join in our activities and classes; come enjoy our billiards, computer or library rooms; or experience our trips and tours!



As the days grow longer and flowers begin to bloom, we're welcoming the fresh energy of spring at the **Harman Center**! This season is all about renewal, connection, and spending time together as a community.

You may notice our newsletter looks a little different. We've officially gone digital instead of mailing printed copies. It's a change for all of us, but we're excited to make things more accessible and timely — thank you for pivoting with us and growing alongside us!

We have a wonderful lineup of events to look forward to:

- ◆ We're supporting local veterans through the **Veteran's Coalition Toiletry Drive** — your donations make a meaningful difference.
- ◆ Celebrate with us at the Harman Center's **22nd Anniversary Celebration** on **May 15th**.
- ◆ Roll up your sleeve for our **Summer Blood Drive** on **June 12th** and help save lives.
- ◆ Our biggest event, **Active Aging: A Senior Wellness Fair**, happens **June 16th** — a full day focused on healthy, vibrant living.

Spring is the perfect time to try something new, reconnect with friends, and enjoy all the Center has to offer. We're so grateful to share this community with you.

Let's make it a beautiful season together!

Sending Sunshine & Laughter,

Leslie Richards

Leslie Richards

Recreation Program Supervisor

(509) 576-6402

Leslie.Richards@yakimawa.gov

Lori Schatz

Trips & Tour Recreational Leader

(509) 576-6405

Lori.Schatz@yakimawa.gov





THANK YOU Volunteers

Your willingness to give your time & service is greatly appreciated!

DECEMBER 2025	JANUARY 2026	FEBRUARY 2026
----------------------	---------------------	----------------------



Merla Manuel



Richard Noyes



Pattie Cunningham

VETERAN'S COALITION

APRIL 1 THRU JUNE 30, 2025

All donations of **NEW** toiletries are greatly appreciated. Donations can be dropped off at The Harman Center. The Veteran's Coalition is in need of:



- SHAMPOO / CONDITIONER
- BODY WASH / SOAP
- TOOTHPASTE / TOOTHBRUSH
- RAZORS / SHAVING CREAM
- DEODORANT / AFTER SHAVE
- TOILET PAPER / DISH SOAP, ETC.

PLEASE NO CLOTHING OR LINENS

Ballroom Rentals

- 225 Person capacity
- Commercial Kitchen
- Sound System
- Tables and Chairs
- Fireplace Seating Area
- 3456 Square Ft Area

TYPES OF EVENTS

- Weddings
- Receptions
- Reunions
- Birthdays
- Seminars
- Quinceaneras
- Fund raisers
- Meetings
- Seminars

Rent our ballroom for your next event. Call or email Leslie for more information: (509)575-6165

Active Aging - SENIOR

WELLNESS FAIR:

TUESDAY, JUNE 16TH

10:00AM - 2:00PM

MEET & GREET

Are you new?
Want to know what we offer?

Come take a tour of the
Harman Center!

Every 3rd Wednesday

9:30 am

Apr 15 | May 20 | Jun 17

WEEKLY SCHEDULE

MONDAY	TUESDAY	WEDNESDAY
FOREVER FITNESS 8:25am & 9:30am \$35.50/punch card or \$3 Drop-in	ZUMBA w/ JULISSA 9:00am - 10:00am \$45.50 /month or \$7.50 /session	FOREVER FITNESS 8:25am & 9:30am \$35.50/punch card or \$3 Drop-in
UKULELE GROUP (1st & 3rd Mondays) \$3.00 Drop-in 10:00am	COLORING GROUP 10:00am - 2:00pm \$35.50/punch card or \$3 Drop-in	WOODCARVING 9:00am - 11:00am \$35.50/punch card or \$3 Drop-in
BOOK CLUB (4th Monday of the Month) 10:30am - 11:30am FREE	PARKINSON'S SUPPORT GROUP (2nd Tuesday of the Month) 1:00PM—2:30PM	BLOOD PRESSURE/BLOOD SUGAR SCREENING 9:00am - 11:00am FREE
PING PONG 10:30am - 1:00pm \$35.50/punch card or \$3 Drop-in	CARD & TABLE GAMES Skip Bo, Cribbage, Dominoes, Bridge, Pinochle Pinochle. 1:00pm - 4:00pm \$35.50/punch card or \$3 Drop-in	GRIEF SUPPORT GROUP 11:30am - 12:30pm FREE
CARD & TABLE GAMES Hand & Foot, Pinochle, Mah Jong 1:00pm - 4:00pm \$35.50/punch card or \$3 Drop-in	TAP DANCING Level 2 Begin: 2:30pm - 3:15pm Level 1 Begin: 3:20pm - 4:05pm Advanced: 4:15pm - 5:10pm Intermediate: 5:30pm - 6:15pm \$35.50/punch card or \$3 Drop-in	KNITTING & CROCHETING 12:00pm - 2:00pm \$35.50/punch card or \$3 Drop-in <i>*bring your own supplies</i>
PARKINSON'S PING PONG 1:00pm - 4:00pm \$35.50/punch card or \$3 Drop-in		SCRAPBOOKING & STAMPING 12:30pm - 3:00pm \$35.50/punch card or \$3 Drop-in
YAKIMA VALLEY ARTIST ASSOCIATION (2nd Monday of the Month) 5:30pm - 7:30pm		CRAFTING GROUP Jewelry, Diamond Art, Beading 1:00pm - 3:00pm \$35.50/punch card or \$3 Drop-in
<div style="border: 2px solid #8B4513; border-radius: 25px; padding: 15px; background-color: #D2691E; color: white; text-align: center;"> <p><u>CLASS/ACTIVITY CANCELLATIONS</u></p> <p>If the minimum participation requirement is not met, it may be necessary to cancel. If the Harman Center has cancelled the class/activity, a full refund will be issued to each paid participant.</p> </div>		Line Dancing 1:00pm - 2:00pm \$35.50/punch card or \$3 Drop-in
		WALKING IN THE BALLROOM 2:00pm—3:00pm - FREE
		QUILTERS GUILD (1st & 3rd Wednesdays) 7:00pm

SPRING 2026

THURSDAY	FRIDAY	SATURDAY
ZUMBA w/ JULISSA 9:00am - 10:00am \$45.50 /month or \$7.50 /session	FOREVER FITNESS 8:25am & 9:30am \$35.50/punch card or \$3 Drop-in	BINGO 10:00am - 12:30PM \$35.50 Qtr or \$3.00 Drop-in
OIL PAINTING 9:00am—11:00am \$35.50/punch card or \$3 Drop-in	WATERCOLOR 9:00am—11:00am \$35.50/punch card or \$3 Drop-in	CARD & TABLE GAMES Bridge 10:00am - 1:00pm
TOPS Weight Loss Support 10:00am—11:20am \$32/ yearly + \$35.50 Qtr	WRITING GROUP 9:00am—11:00am \$35.50/punch card or \$3 Drop-in <i>*bring your own supplies</i>	CROCHETING & KNITTING 10:00am - 12:00pm \$35.50/punch card or \$3 Drop-in <i>*bring your own supplies</i>
PILATES W/ JILL 10:30am—11:30am \$35.50/punch card or \$3 Drop-in	COLORING GROUP 10:00am - 2:00pm \$35.50/punch card or \$3 Drop-in <i>*bring your own supplies</i>	CARD & TABLE GAMES Hand & Foot 11:00am—2:00pm \$35.50/punch card or \$3 Drop-in
PING PONG 10:30am—2:00pm \$35.50/punch card or \$3 Drop-in	JAM SESSION 1:00pm - 2:30pm FREE <i>*bring your own musical instrument</i>	CARD & TABLE GAMES Pinochle 1:00pm—3:30pm \$35.50/punch card or \$3 Drop-in
QUILTING CLUB 12:30pm - 3:00pm \$35.50/punch card or \$3 Drop-in	KNITTING & CROCHETING 1:00pm - 3:00pm \$35.50/punch card or \$3 Drop-in	
CARD & TABLE GAMES Hand & Foot 1:00pm - 4:00pm \$35.50/punch card or \$3 Drop-in	Council of the Blind (4th Friday of the Month) 1:30pm - 3:30pm	 BILLARDS Pool Dues \$40.50/year or .75 /day
WALKING IN THE BALLROOM 1:00pm - 2:00pm - FREE	<div style="border: 2px dashed orange; padding: 10px; background-color: #e0f0ff;"> <h2 style="text-align: center; margin: 0;">Game Day at the HC Ballroom</h2> <p style="text-align: center; margin: 5px 0;">April 3rd, Friday Double Decker Pinochle - 1:00pm</p> <p style="text-align: center; margin: 5px 0;">May 1st, Friday Casino Day - 1:00pm</p> <p style="text-align: center; margin: 5px 0;">June 6th, Friday Senior Trivia - 1:00pm</p>  </div>	
STITCHED TOGETHER CRAFT GROUP Knit, Crochet, Cross Stitch, Beading 1:00pm - 3:00pm \$35.50/punch card or \$3 Drop-in		

TRAVEL JOURNAL



YOUR TRAVEL JOURNAL

Let's hear it for SPRING!!! Hip Hip Hurray!!!!!!

So, let's have some fun. This quarter we will be starting the season with another April Fool's 2-Day Mystery Trip followed by a 3-day trip to the Tulips, La Conner and Anacortes, It turned out so good last year, we are doing it again and I do have 1 double Q room left and then it is gone. In May we have another Mystery trip on the 2nd and a Ride the Rails event on the 28th. these trips are sold out but there's always the waiting list, so stop by the front desk.

🌸 -Lori 😊

A couple of our PNW biggest hits Trips for 2026 are Bend and beyond, & In search of Thomas Dambo's Giants (hint, one of them is on Bainbridge Island) & a stay in Victoria BC. This trip was such a hit last year that we decided to do it again and add a day! There is so much to do and I have 1 double room left on this one too.



TRAVEL JOURNAL



2027 World Trip News:

This year the new World Trip Book for 2027 will be mailed out to those who sign up on the new Travel Mailing list. So if this is something you would like to be included on, please email me at Loschatz12@icloud.com or call and leave me your information.

I will be having a presentation or two in June so get on that mailing list to find out when and where! Here is a hint: Japan, Rhine River, Hawaii, Alaska, New Orleans and more! 😊



In Search of The Giants



Yakima Valley Senior Citizens, Inc.

YVSC, INC.

Non-profit organization (501C3) established to raise funds to help maintain and support the Harman Center and advocate for senior services in our community.

OFFICE HOURS: Mon, Wed, Fri 10AM- 2PM

PHONE: (509) 576-6404

LOCATION: SE Corner of Harman Center

COFFEE BAR

COFFEE: Sm: 1.00 Lg: \$1.50

SODA: Can: 1.00 Bottle: \$1.50

Donuts & Treats Available Too!



Bring a Friend & enjoy a relaxing moment!

Taco Feed



WEDNESDAY, APRIL 29TH

11:00AM \$8.00



Spring 2026 CASINO TRIPS

May 5—\$80

Tulalip & Angel of the Winds Casino

2026 BOARD MEMBERS

PRESIDENT

AXEL RAPTCHEFF

V-PRESIDENT

LARRY MOREHOUSE

SECRETARY

INEZ HARRIS

TREASURER

RITA PENNER

TRUSTEES

LOUISE ADAMS, MARLENE BROOKS, DAN BUSCH, CAROL HERAUF, SANDY LICHTENBERGER, CHRIS PETERSEN, MARY ANN THOMAIER, IRENE RAPTCHEFF, MARLA RAPTCHEFF

BBQ

WEDNESDAY \$8.00

MAY 27 & JUNE 24 AT 11:00pm

Strawberry Social

THURSDAY, JUNE 18 AT 1:30pm

\$5.00

Soup & Sandwich

**EVERY MONDAY/TUESDAY/
WEDNESDAY**

11:00 am - 12:00 pm

\$6.00



BREAKFAST

BRING THE FAMILY—ALL WELCOME

EVERY SATURDAY

9:00 AM

\$7.00

Serving: Eggs, Bacon, Sausage, Blueberry Pancakes, Potatoes, Biscuits & Gravy

YVSC INC GENERAL MEETINGS

1:00 PM | All welcome!

Every 2nd Thursday

Harman Center Classroom A

APRIL 9 | MAY 14 | JUNE 11

Friday

APRIL 10th, 2025

5:30 PM - 9:30 PM

\$6.00 Bunco Game

\$1.00 Raffle Ticket

RSVP at the front desk!



Information, Events, Classes, Groups



BLOOD DRIVE

The Harman Center and American Red Cross are teaming up for another blood drive. Call Leslie Richards at (509)576-6402 to sign up!

FRIDAY, JUNE 12TH | 11:00AM - 4:00PM

DINNER CLUB



Every 3rd Thursday of the Month
4:30PM

APRIL 16, 2026 | MCGUIRES RESTAURANT
4807 W Tieton Dr, Yakima 98908

MAY 21, 2026 | OUTBACK STEAKHOUSE
2412 Rudkin Rd, Union Gap 98903

JUNE 25, 2026 | O'NOODLES (4TH WED)
114 E Pendleton Way, Yakima 98901

RSVP at the front desk or call (509) 575-6166

Join us at the restaurant!

BOOK CLUB



Every 4th Monday at 10:30AM

APRIL 28: *Holly* by Stephen King

MAY 19: *Lucy by the Sea* by Elizabeth Stout

JUNE 23: *Island of Missing Trees* by Elif Shafak

CAREGIVER SUPPORT GROUP



Do you or someone you know, need a place to share, discuss, or learn more about the stresses and rewards of providing care for loved ones? Join us at our next Support

Group **Every 4th Wednesday of the Month**
APRIL 22ND, MAY 27TH, JUNE 24TH

2:00pm - 3:00PM

AARP DRIVER'S REFRESHER CLASS

Drivers 55+ who complete this two (2) day classroom course may qualify for auto insurance discount. *No driving or testing required.*

Classes held once a month on a Tuesday and Wednesday 8:30am-12:30pm.

For more information cost and to register contact Paul Schafer (509) 453-2606

ESSENTIAL OIL CLASSES

10:30am

INTERMEDIATE

BEGINNERS

APRIL 13

APRIL 20

MAY 11

MAY 18

JUNE 8

JUNE 15

OPEN HOUSE

HARMAN CENTER 22ND ANNIVERSARY

FRIDAY | MAY 15 | 1:00PM

Cake & Punch to be served.

HARMAN CENTER LENDING LIBRARY

Did you know that the Harman Center has a lending library in the SE corner of the building? We have both paper backs, hard backs and large print, both fiction and non-fiction. Also included in the library are magazines and crossword puzzles. Items may be taken out for your enjoyment or shared with a friend (except for Large Print books). There is no check out system, just help yourself! Books are alphabetically shelved by authors, puzzles by size and a shelf for paperback westerns.

An information table with pamphlets, business cards and flyers of community services is also available for your taking.

Take a moment to pursue this special corner!



Open Lab Hours

Monday - Friday 9:00am - 3:00pm

Labs closed to the public during computer classes scheduled below.



Tech Help

9:00am - 12:00pm

Monday through Friday

WIRELESS INTERNET WIFI AVAILABLE:

Network: Harman Center Wifi

Password: SeniorCenter

CLASS	DATE	TIME	FEE	INSTRUCTOR
Android	May 13	9am - 10:30pm	Free	Kay Pexa
Preventing Frauds & Scams	April 14	10am - 12:30pm	\$10	Mike Mullen
Preventing Frauds & Scams	May 12	10am - 12:00pm	\$10	Mike Mullen
Preventing Frauds & Scams	June 9	10am - 12:00pm	\$10	Mike Mullen
Facebook	April 17	9am - 11:00am	\$10	Marv Franklin
Facebook	May 15	9am - 11:00am	\$10	Marv Franklin
Intro to Excel	April 23 & 30	9am - 10:30am (2 day course)	\$20	Kay Pexa
Intro to Excel	May 21 & 28	9am - 10:30am (2 day course)	\$20	Kay Pexa
Intro to Word	April 22	9am - 10:30am	\$10	Kay Pexa
Intro to Word	May 20	9am - 10:30am	\$10	Kay Pexa
Intro to Windows 11	April 8, 9, 15, 16	9am - 10:30am (4 day course)	\$40	Kay Pexa
Intro to Windows 11	June 3, 4, 10, 11	9am - 10:30am (4 day course)	\$40	Kay Pexa
Intro to Outlook	May 7	9 - 10:30am	\$10	Kay Pexa

IMPORTANT NOTICE

Classes are filled on a first-come, first serve basis! Register no later than two (2) days before class start date. Please make your reservations at the Front Desk.

You are NOT registered until the class fee has been paid. If no one has pre-registered for the class, it will be cancelled.

Osteoarthritis & Ways to Treat Naturally

May 12th, Tuesday @ 10:00am

Free

Taught by Mary Allen, ARNP with ProCellus Integrative Health & Laser

