



HARMAN CENTER *at Gailleon Park* Newsletter

2025 Winter Edition

Center Closures

Wednesday, January 1st
New Years Day

Monday, January 20th
Martin Luther King Jr. Day

Monday, February 17th
President's Day

**Monday, March 3th through
Saturday, March 8th**
Cleaning Week

All persons 50 and older are welcome to participate in a wealth of recreational, educational and social activities at the Harman Center, a unit of City of Yakima's Department of Public Works. Harman Center is a tax-supported City service. We host a variety of family-friendly events throughout the year. Join in our activities and classes; come enjoy our billiards, computer or library rooms; or experience our trips and tours!



Yakima Harman Center and HC Trips & Tours

Chat Face!

With the Harman Center Crew
Watch us on

EVERY TUESDAY



From the desk of Leslie Richards

Happy 2025! As we welcome a brand-new year, I want to extend my warmest wishes to each of you and your families. May this year bring you health, happiness, and cherished moments that brighten your days. The start of a new year offers us a chance to reflect, set fresh goals, and embrace the opportunities that lie ahead.

At the Harman Center, we're thrilled to step into 2025 with a renewed commitment to serving our senior community. This year, we're continuing our focusing on enhancing our programs and creating even more opportunities for connection, growth, and enjoyment.

Our **Help the Community Project** this quarter is dedicated to supporting the YWCA. We're collecting new, unused toiletries til March 31st. Please check the Front Desk for a list of most-needed items and remember that your contributions, no matter how big or small, make a meaningful impact.

To our amazing volunteers, thank you for the heart and energy you bring to the Harman Center. Your dedication is the reason we're able to provide exceptional programs and a welcoming space for everyone. You truly make a difference, and we're incredibly grateful for each of you.

Looking ahead, we are excited to introduce a variety of new classes and events in 2025. Whether it's learning a new skill, exploring creative hobbies, or simply enjoying a cup of coffee with friends, we aim to offer something for everyone. If you have suggestions for programs or events, I'd love to hear them—your ideas help shape the vibrant community we all cherish.

Let's make 2025 a year filled with kindness, connection, and joy. I'm honored to share it with you and look forward to creating many memorable moments along the way. Wishing you a Happy New Year and an extraordinary year ahead!

***Sending Sunshine,
Leslie Richards
Recreation Program Supervisor***



YWCA TOILETRY DRIVE

JANUARY 2ND, 2025

THROUGH

MARCH 31ST, 2025

PLEASE BRING NEW, UNUSED
TOILETRIES

Drop off items at the
Harman Center

MEET AND GREET

Are you or someone you know new to the Harman Center or new to the area?

Come to a *Meet & Greet* for a tour and information on activities, events and trips!

EVERY 3RD
WEDNESDAY OF THE
MONTH AT 9:30 AM!

JANUARY 15TH
FEBRUARY 19TH
MARCH 19TH

HOW TO MAKE THE BEST DECISION

SENIOR LIVING OPTIONS
IN YAKIMA

BY

KAREN SOUSLEY

WITH

LIVING WELL

FEBRUARY 11TH

10:00AM

RVSP AT THE FRONT DESK

VOLUNTEER OF THE MONTH



Megan Cupp
September 2024



Melba Kelley
October 2024



Gary Houghton
November 2024



Ballroom Rentals

Rent our ballroom for your next event. Call or email Leslie for more information: (509)575-6166

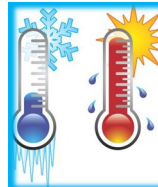
- 225 Person capacity
- Commercial Kitchen

- Sound System
- Tables and Chairs

- Fireplace Seating Area
- 3456 Square Ft Area

TYPES OF EVENTS

- Weddings & Receptions
- Reunions
- Birthdays
- Seminars
- Quinceaneras
- Fund raisers
- Meetings
- Seminars



Our building and room temperatures can fluctuate throughout the day. Our HVAC unit is also getting older and having a hard time adapting to extreme adjustments.

PLEASE BRING A SWEATER OR DRESS IN LAYERS IF THE TEMPRATURES ARE UNCOMFORTABLE FOR YOU!

AGELESS INSPIRATIONS

EDUCATION CLASSES

FEBRUARY 4TH | 11:00AM
RVSP AT THE FRONT DESK

Looking to make a *difference*?

Become a MultiCare Hospice volunteer.

Call or email for more information on how to volunteer
509-654-6131

MYMH-HospiceVolunteers-DL@multicare.org



Home Health & Hospice



Living Well

FREE Senior Home Placement

**CALL
US
FIRST!**

Karen Sousley
Senior Placement Advisor
Regional Director
509-969-2380

LWseniorhome7@gmail.com
www.LivingWellSenior.com



POOL ROOM OPEN DAILY

Pool Dues

**\$25 /per year
or .75/per day**

TRAVEL JOURNAL

YOUR TRAVEL JOURNAL

Welcome to 2025!!! I hope everyone had a wonderful holiday season! First on the list of things to tell you, registration week will begin on Monday Jan. 6 which if you called on Dec. 14th for your appointment, you already know that. The Pacific N. W. Trip & Tour Book is back with more fun and exciting adventures. I hope you find a trip that you would like to join us on. More trips will be announced in future newsletters, so if you haven't subscribed to our quarterly newsletter, now is the time to do so. Here are some highlights that we will be offering;

- Victoria BC and Butchart Gardens will be going in Sept. this is a trip we haven't done in many years and I am excited to offer it again. But do not wait to get your deposit down, it may not last long
- The Christmas trip will be different for 2025 and so much fun... don't forget to check it out.
- Also, we will be doing something really outside the box in May. The Mt. Hood Railway has railbikes that anyone can ride. It has motorized pedaling and you can ride through the fresh air of the forest as we cruise through the Mt. Hood area. You have to give it a try!
- And last but not least, do not miss out on Mystery Trip #1 – Feb. 14-15, 2025 – This is going to be something very special!!!



Lori Schatz
Trip & Tour Coordinator
(509) 576-6405
Lori.Schatz@yakimawa.gov

TRAVEL JOURNAL

Happy Moments from 2024





WEEKLY SCHEDULE

MONDAY	TUESDAY	WEDNESDAY
FOREVER FITNESS 8:25am & 9:30am \$15 /punch card or \$1.50 Drop-in	ZUMBA w/ JULISSA 9:00am - 10:00am \$40 /month or \$6 /session	FOREVER FITNESS 8:25am & 9:30am \$15 /punch card or \$1.50 Drop-in
PING PONG 10:30am - 1:00pm \$15 /punch card or \$1.50 Drop-in	COLORING GROUP 10:00am - 2:00pm \$15 /punch card or \$1.50 Drop-in	WOODCARVING 9:00am - 11:00am \$15 /Qtr or \$1.50 Drop-in
PARKINSON'S PING PONG 1:00pm - 4:00pm \$15 /punch card or \$1.50 Drop-in	PARKINSON'S SUPPORT GROUP (2nd Tuesday of the Month) 1:00PM—2:30PM	BLOOD PRESSURE/BLOOD SUGAR SCREENING 9:00am - 11:00am FREE
CARD & TABLE GAMES Hand & Foot, Pinochle, Mah Jong 1:00pm - 4:00pm	CARD & TABLE GAMES Skip Bo, Cribbage, Dominoes, Bridge 1:00pm - 4:00pm	GRIEF SUPPORT GROUP 11:30am - 12:30pm FREE
YAKIMA VALLEY ARTIST ASSOCIATION (3rd Monday of the Month) 6:00pm - 8:00pm	TAP DANCING Level 2 Begin: 2:30pm - 3:15pm Level 1 Begin: 3:20pm - 4:05pm Advanced: 4:15pm - 5:10pm Intermediate: 5:30pm - 6:15pm \$15 /Qtr or \$1.50 Drop-in	CROCHETING & KNITTING 12:00pm - 2:00pm \$15 /punch card or \$1.50 Drop-in <i>*bring your own supplies</i>

Game Day at the HC Ballroom

January 3rd , Friday

Game 65 - 1:00pm to 4:00pm

February 7th, Friday

Valentine's BINGO - 1:00pm to 4:00pm

March 14th, Friday

St. Patrick's Day Scavenger Hunt - 1:00pm to 4:00pm



SCRAPBOOKING & STAMPING

12:30pm - 3:00pm
\$15 /Qtr or \$1.50 Drop-in

CRAFTING GROUP

Jewelry, Diamond Art, Beading
1:00pm - 3:00pm
\$15 /Qtr or \$1.50 Drop-in

WALKING IN THE BALLROOM

1:00pm - 2:00pm - FREE

LINE DANCING

4:00pm - 5:00pm
\$15 /month or \$4 /session

QUILTERS GUILD

(1st & 3rd Wednesdays)
7:00pm

WINTER 2025



THURSDAY	FRIDAY	SATURDAY
ZUMBA w/ JULISSA 9:00am - 10:00am \$40 /month or \$6 /session	FOREVER FITNESS 8:25am & 9:30am \$15 /punch card or \$1.50 Drop-in	BINGO 10:00am - 12:30PM \$15 Qtr or \$1.50 Drop-in
OIL PAINTING 9:00am—11:00am \$15 /Qtr or \$1.50 Drop-in	WATERCOLOR 9:00am—11:00am \$15 /Qtr or \$1.50 Drop-in	CARD & TABLE GAMES Bridge 10:00am - 1:00pm
TOPS Weight Loss Support 10:00am—11:20am	WRITING GROUP 9:00am—11:00am \$15 /Qtr or \$1.50 Drop-in	CROCHETING & KNITTING 10:00am - 12:00pm \$15 /punch card or \$1.50 Drop-in
PILATES W/ JILL 10:30am—11:30am \$15 /punch card or \$1.50 Drop -in	COLORING GROUP 10:00am - 2:00pm \$15 /punch card or \$1.50 Drop-in	CARD & TABLE GAMES Hand & Foot 11:00am—2:00pm
PING PONG 10:30am—2:00pm \$15 /punch card or \$1.50 Drop-in	JAM SESSION 1:00pm - 2:30pm FREE	CARD & TABLE GAMES Pinochle 1:00pm—3:30pm
QUILTING CLUB 12:30pm - 3:00pm \$15 /punch card or \$1.50 Drop-in	KKITTING & CROTCHING 1:00pm - 3:00pm \$15 /punch card or \$1.50 Drop-in	<p><u>CLASS/ACTIVITY CANCELLATIONS</u></p> <p>If the minimum participation requirement is not met, it may be necessary to cancel. If the Harman Center has cancelled the class/activity, a full refund will be issued to each paid participant.</p>
CARD & TABLE GAMES Hand & Foot 1:00pm - 4:00pm	Council of the Blind (Last Friday of the Month) 1:30pm - 3:30pm	
WALKING IN THE BALLROOM 1:00pm - 2:00pm - FREE		
STITCHED TOGETHER CRAFT GROUP Knit, Crochet, Cross Stitch, Beading 1:00pm - 3:00pm		
SONS OF ITLAY (3rd Thursday of the Month) 5:00pm - 7:00pm		

BLOOD DRIVE

The Harman Center and American Red Cross are teaming up for an end of year blood drive. Call Leslie at (509) 576-6402 to sign up!



FRIDAY, MARCH 14TH, 2025

11:30AM - 3:30PM FRIDAY

Start 2025 with the best gift... A Gift of Life!

Memory Lane



Welcome to the Harman Center Staff John!





Memory Lane



Yakima Valley Senior Citizens, Inc.



“You are never too old to set another goal or to dream a new dream.”
-C. S. Lewis

Wishing you and your family reachable goals and dreams in 2025! Get it checked off your bucket list!

Welcome to our newly elected officers of the Yakima Valley Senior Citizens Board! Thank you to those that have retired from the Board. We appreciate all of your hard work and dedication while serving as a board member.

YVSC, Inc. Mission Statement

Yakima Valley Senior Citizens, Incorporated is a private, not-for-profit organization established to include, but not limited to the following goals.

- To seek, receive, and administer charitable funds to support the Harman Center at Gailleon Park (here after referred to as the Center) in furthering services to seniors.
- To provide an organization to unite the senior citizens in the area.
- To represent all participants at the Center in addressing the opinions and concerns regarding the Centers programs and operations.
- To assist, encourage and promote the ongoing and future activities of the Center.
- To act in an advisory capacity to the Center and staff in planning Center activities and operations
- To assist Center staff in developing programs to educate the community about services and activities for seniors.
- To serve as advocates for the Center with all program participants and the community at large.

This is your invitation to come to our monthly general meetings on the second Thursday of each month. We look forward to new visitors and hearing your opinions, ideas, and concerns. This quarter we await our Spaghetti Feed fund raiser! It is a delicious meal and very popular with everyone!

I am looking forward to another great year, working with the Board, the volunteers, and the staff at the Harman Center!

Linda Lockwood, YVSC, Inc. President
.....
YVSC, INC.

Non -profit organization (501c3) established to raise funds to help maintain and support the Harman Center and advocate for senior services in our community.

OFFICE HOURS: Monday, Wednesday, Friday 9:00 am - Noon

PHONE: (509) 576-6404 **LOCATION:** SE Corner of Harman Center

**SPAGHETTI
FEED**

**THURSDAY
MARCH 20th, 2025**

**5:30pm
\$8.00**



Come for a delicious dinner
and support Yakima Valley
Senior Citizens, Inc.

2025 BOARD MEMBERS

PRESIDENT

LINDA LOCKWOOD

V-PRESIDENT

AXEL RAPTCHIEFF

SECRETARY

BEV FICKEL

TREASURER

RITA PENNER

TRUSTEES

MARLENE BROOKS, HARRY
PETERSON, MARV FRANKLIN,
INEZ HARRIS, CAROL
HERAUF, DIANA HERRON,
BONNIE MUNDELL, MARY
ANN THOMAIER, MARLA
RAPTCHIEFF

YVSC, INC. MEETINGS

**Every 2nd Thursday of the
Month @ 1:00 PM**
Harman Center Classroom A

**January 9th
February 13th
March 13th**

Yakima Valley Senior Citizens, Inc.



OPEN DAILY

COFFEE: Sm: 1.00 Lg: \$1.50

SODA: Can: 1.00 Bottle: \$1.50

**Donuts & Snacks
Available Too!**

**Stop by to relax, unwind and
have a delicious cup of coffee!**

Donations of small paper plates, candy, liquid
creamers, and napkins are always welcome and
greatly appreciated!

Soup 'n Sandwich



EVERY

MON. TUE. & WED

11:00 am

\$6.00



Breakfast

EVERY SATURDAY

9:00 AM

\$7.00

*Eggs, Bacon, Sausage, Blueberry
Pancakes, Potatoes,
Biscuits & Gravy*

**Lots of yummy food at an
affordable price!
All ages welcome!**

TACO FEEDS

Wednesday

JANUARY 29TH

FEBRUARY 26TH

MARCH 26TH

11:30am

\$ 8.00



BREAKFAST WITH THE EASTER BUNNY

**SATURDAY
APRIL 12TH, 2025**

9:00 am—11:00 am

**\$7.00 per person
\$3.50 4 y/o and under**

ALL AGES WELCOME!

Come enjoy a yummy breakfast and a visit with the Easter
Bunny. Don't forget to take a picture with the Easter Bunny!

- Krispy Kreme Donuts
- Liberty Farm
- Home of Bouchey
Potatoes
- Avail
- Orchard Park

★ Thank You! ★
FOR YOUR DONATION

Thank you for making
our events possible
and a success!

DON'T MISS OUT ON THE 2025 CASINO TRIPS

Mar 19th	Snoqualmie Casino	\$55
Apr 9th	Tulalip Casino	\$65
June 18th	Muckleshoot Casino	\$55
Aug 20th	Wild Horse Casino	\$60
Sept 17th	Snoqualmie Casino	\$55



Contact YVSC, Inc at 509-576-6404 or stop by
our office !



Memory Lane



Congrats Carolin Chatner. Gold Medals at the HUNTSMAN WORLD SENIOR GAMES!





Memory Lane



BRUMBACK & OTTEM

**BULLDOG
TOUGH**



457-7777

VETERAN OWNED



CALL THE INJURY LAWYERS

Information, Events, Classes, Groups

COLORING ART SHOW

Come see our fabulous Coloring Group Exhibit!

FRIDAY, FEBRUARY 7TH

1:00PM— 4:00PM

SATURDAY, FEBRUARY 8TH

9:00AM—3:00PM

MONDAY, FEBRUARY 10TH

8:00AM—4:00PM



BOOK CLUB

EVERY 4TH MONDAY OF THE MONTH
10:30AM

2025 BOOK LIST IS AVAILABLE AT THE
HARMAN CENTER FRONT DESK.
Books were determined after printing of the
newsletter. Scheduled dates are below:

JANUARY 22ND
FEBRUARY 24TH
MARCH 24TH

CAREGIVER SUPPORT GROUP

Do you or someone you know, need a
place to share, discuss, or learn more
about the stresses and rewards of
providing care for loved ones?

Join us at our next Support Group

EVERY 4TH WEDNESDAY OF THE MONTH

JAN 27TH, FEB 26TH, MAR 26TH

2:00PM — 3:00PM in Classroom A



PARKINSON'S SUPPORT GROUP

Are you or a loved one affected by Parkinson's?

Join us for an hour of support & learning:

EVERY 2ND TUESDAY OF THE MONTH

1:00PM — 2:30PM in Classroom A



LUNCH CLUB

JANUARY 16, 2025 : 11:30 AM
E. Z. TIGER - 3801 Summitview Ave
98902

FEBRUARY 20, 2025: 11:30 AM
SUNTIDES - 2513 Main St, Union Gap

MARCH 20, 2025: 5:30 PM (DINNER)
SPAGHETTI FEED - 101 N 65th Ave, 98908

RSVP at the front desk or call (509) 575-6166

Join us at the restaurant!



ESSENTIAL OILS CLASSES

10:30AM

INTERMEDIATE CLASSES

January 13

February 10

March 10

BEGINNER CLASSES

March 17

AARP DRIVER'S REFRESHER COURSE

Drivers 55+ who complete this two (2) day classroom
course may qualify for auto insurance discount.
No driving or testing required.

**CLASSES HELD ONCE A MONTH ON A
TUESDAY & WEDNESDAY 8:30AM-12:30PM**

January 21/22 February 18/19 March 18/19

Cost \$20 for AARP members and \$25 for non AARP
members.

***For more information or to register, contact
Paul Schafer: (509) 453-2606***



CLEANING WEEK

MARCH 3TH - MARCH 8TH, 2025



Center will be CLOSED to the Public. If you would like to Volunteer, please let Leslie know.

Information, Events, Classes, Groups

2025

Holiday
BAZAAR

at the
Harman Center

REGISTRATION BEGINS
THURSDAY, FEBRUARY 6TH, 2025

First Come, First Serve for Vendor Spots!
Only 2 Booth Spaces per Vendor!

Booth Spaces are \$35 each.

Be Part of our Fabulous
HOLIDAY BAZAAR at the
HARMAN CENTER on
Saturday,
NOVEMBER 1st, 2025



COMPUTER LAB

WIRELESS INTERNET WIFI AVAILABLE:

Network: Harman Center Wifi

Password: SeniorCenter

Computer Tech Help
9:00am - 12:00pm

Monday through Friday

Open Lab Hours

Monday - Friday 9:00am - 3:30pm

Labs closed to the public during computer classes scheduled below.

CLASS	DATE	TIME	FEE	INSTRUCTOR
Android	Thurs: February 20	9:00am - 11:00am	FREE	Kay Pexa
Preventing Frauds and Scams	Tues: January 14	10:00am - 12:00pm	\$10	Mike Mullen
Preventing Frauds and Scams	Tues: February 11	10:00am - 12:00pm	\$10	Mike Mullen
Preventing Frauds and Scams	Tues: March 11	10:00am - 12:00pm	\$10	Mike Mullen
Facebook	Fri: January 17	9:00am - 11:00am	\$10	Marv Franklin
Facebook	Fri: February 21	9:00am - 11:00am	\$10	Marv Franklin
Facebook	Fri: March 21	9:00am - 11:00am	\$10	Marv Franklin
Intro to Excel	Thurs: January 9	9:00am - 11:00am	\$10	Kay Pexa
Intro to Excel	Thurs: February 6	9:00am - 11:00am	\$10	Kay Pexa
Intro to Word	Wed: January 8	9:00am - 11:00am	\$10	Kay Pexa
Intro to Word	Wed: February 5	9:00am - 11:00am	\$10	Kay Pexa
Intro to Outlook	Thurs: Feb 13	9:00am—10:30am	\$10	Kay Pexa
Intro to Outlook	Wed: March 26	9:00am—10:30am	\$10	Kay Pexa
Windows 11—Beginners (4 day course)	Wed: January 15 Thurs: January 16	9:00am - 10:30am	\$40	Kay Pexa
	Wed: January 22 Thurs: January 23			
Windows 11—Beginners (4 day course)	Wed: March 12 Thurs: March 13	9:00am - 10:30am	\$40	Kay Pexa
	Wed: March 19 Thurs: March 20			

IMPORTANT NOTICE: Classes are filled on a first-come, first serve basis! Register and pay for class at the front desk. Registrations taken no later than two (2) days before class start date. **YOU ARE NOT REGISTERED UNTIL THE CLASS FEE HAS BEEN PAID!** If no one has pre-registered for class, class session will be cancelled.

Harman Center
101 N 65th Avenue
Yakima, WA 98908

PRSRT STD
US Postage Paid
Yakima, WA
Permit No. 324

QUARTERLY NEWSLETTER SUBSCRIPTION COSTS

YEARLY MAILED: \$15

YEARLY E-MAILED: \$10

YEARLY MAILED & E-MAILED: \$25

PLEASE SUPPORT THE ADVERTISERS THROUGHOUT OUR NEWSLETTER WHO SUPPORT THE HARMAN

Benefits of using a Reverse Mortgage

- *Obtain money to repair and Update your home
- *Help pay for rising medical costs
- *As a financial planning tool to preserve assets and maximize cash flow
- *Replacing lost social security income from a deceased spouse
- * Supplement your monthly retirement and/or social security income
- *Improve your quality of life
- * Use the line of credit for any purpose
- *Income is tax free
- * Make no mortgage payments
- * Insured by FHA



Michael Dubrule
Sales Leader | NMLS #92043
Certified Reverse Originator



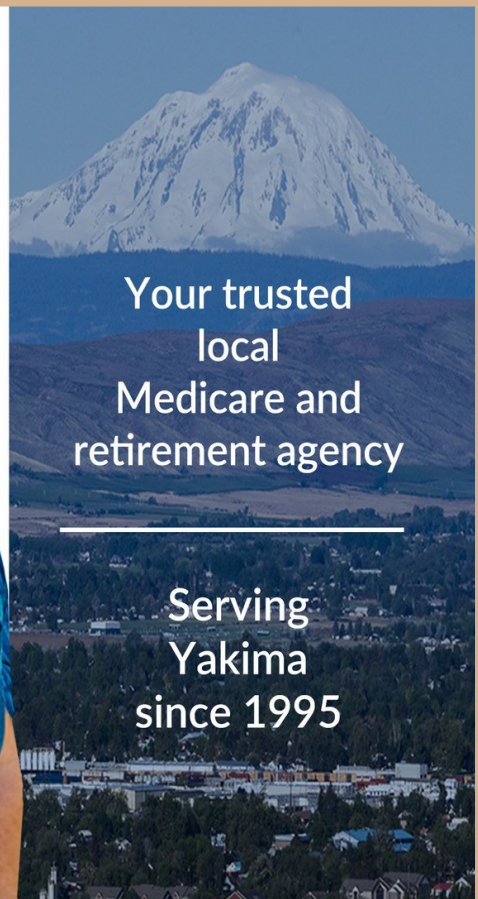
4001 Summitview Ave. Suite 8
Yakima, WA 98908
Branch NMLS #2441217
(509) 961-5773
michael.dubrula@absoluteloans.com
absoluteloans.com



SENIOR
SOLUTIONS GROUP



Rick MacDermid
PRESIDENT



Your trusted
local
Medicare and
retirement agency

Serving
Yakima
since 1995

SeniorSolutions.net

3611 River Rd. #110, Yakima, WA 98902 · 509-494-4288

DISCLAIMER

- The Harman Center does not endorse any speaker, service or product that is represented in any class, advertisement or function in our facility. The City of Yakima does not discriminate in providing services on the grounds of race, creed, color, religion, national origin, gender, age, marital status, or the presence of any sensory, mental or physical handicap
- The Harman Center is not responsible for any item that is left at the Center. If left over two (2) weeks, item(s) will become the property of the Harman Center.