# ARMAN CENTER at Gailleon Park ewsletter 2025 Fallssue



All persons 50 and older are welcome to participate in a wealth of recreational, educational and social activities at the Harman Center, a unit of City of Yakima's Department of Public Works. Harman Center is a tax-supported City service. We host a variety of family-friendly events throughout the year. Join in our activities and classes; come enjoy our billiards, computer or library rooms; or experience our trips and tours!



Chat Face! With the Harman Center Crew

EVERY TUESDAY



# From the desk of Leslie Richards

Happy Fall, Y'all! The crisp air, colorful leaves, and cozy sweaters mean fall has officially arrived and with it comes some of our favorite traditions here at the Harman Center. This season is always such a special time to slow down, gather together, and celebrate community, and I'm thrilled to share the wonderful events we have planned.

We'll kick things off with our Holiday Bazaar on Saturday, November 1st from 8:00 AM to 3:00 PM. This is always a highlight of the year, bringing more than 50 vendors together under one roof. It's the perfect opportunity to find unique gifts, support local artisans, and soak in the holiday spirit while browsing all the treasures.

On Monday, November 10th at 1:30 PM, we'll come together to honor our veterans with Coffee and Donuts with Our Heroes. This celebration is a heartfelt way to recognize and thank the brave men and women who have served our country. It's sure to be a meaningful afternoon filled with gratitude, fellowship, and community spirit.

As the holiday season draws near, we invite you to take part in something that truly embodies the spirit of giving. On Friday, December 12th from 10:00 AM to 3:00 PM, the Harman Center will host a Christmas Blood Drive. Donating blood is one of the most impactful gifts we can give, and your generosity could save a life this holiday season.

I continue to be so grateful for our dedicated volunteers who help bring these events to life, you are the heart of everything we do. And to each of you, thank you for being part of the Harman Center family. May this fall season bring you warmth, joy, and all the little moments that make life sweet.

With cheer and gratitude, Leslie Richards Recreation Program Supervisor



# VOLUNTEER OF THE MONTH



Bonnie Mundell June 2025



Irene Warren
July 2025



Sara Anderson August 2025

TOTS FOR TOTS

DONATE A NEW, UNOPENED AND UNWRAPPED TOY FOR A CHILD!
OCTOBER 1 — DECEMBER 5, 2025

**Donations can be dropped off at the Harman Center Front Desk** 

MEET AND GREET Are you or someone you know new to the Harman Center or new to the area?

Come to a *Meet & Greet* for a tour and information on activities, events and trips!

EVERY 3RD WEDNESDAY OF THE MONTH AT 9:30 AM!

OCTOBER 15TH NOVEMBER 19TH DECEMBER 17TH



Our building and room temperatures can fluctuate throughout the day. Our HVAC unit is also getting older and having a hard time adapting to extreme adjustments.

PLEASE BRING A SWEATER OR DRESS IN LAYERS IF THE TEMPRATURES ARE UNCONFORTABLE FOR YOU!



CENTRAL WASHINGTON
DERMATOLOGY & COSMETICS, PS

JASON BERREMAN, DCNP PATTY NICHOLS, PA-C GAVIN BAKKER, ARNP

509.248.4303

cwderm.com

# TRAVELJOURNAL

# **Your Travel Journal**

As the weather cools down and pumpkins pop up everywhere, I can't help but be amazied at how fast this year has flown by! During 2025 we visited so many places, met so many people, tasted so many different culinary delights and experienced so many different cultures. From the fall colors of New England to the festive décor of Mardi Gras, from the peaks of the Canadian Rockies to the majestic heights of the Swiss Alps, we did it all!

And now, 2026 looms in front of us with a whole new line-up of amazing places to explore.

So whether you are traveling the destinations of the Pacific NW or the tours from around the world, I believe you will find something new to wrap your imagination around!

Travel with me and let me show you what dreams are made of.

© Lori	
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### **Your 2026 Pacific Northwest Travel Book News**

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And just a FYI - I will be out of the office from Oct. 8th - through the 14th; Nov. 13th & 30th and again from Dec. 3rd through the 9th.



Lori Schatz
Trip & Tour Coordinator
(509) 576-6405
Lori.Schatz@yakimawa.gov

The Harman
Center will be
CLOSED on the
following



Friday, October 31st - Closing at Bazaar Set Up 12:00pm

**Tuesday, November 11th** *Veteran's Day Observance* 

Thursday, November 27th Friday, November 28th Saturday, November 29th Thanksgiving

Wednesday, December 24th Thursday, December 25th Christmas

Thursday, January 1st
New Year's

# HAS YOUR NEWSLETTER SUBSCRIPTION EXPIRED?

CHECK THE UPPER RIGHT HAND CORNER OF YOUR ADDRESS LABEL FOR THE EXPIRATION DATE (MM/YY).

RENEW YOUR SUBSCRIPTION BY STOPPING BY THE HARMAN CENTER FRONT DESK OR MAIL A CHECK PAYABLE TO CITY OF YAKIMA AT 101 N 65TH AVE, YAKIMA, WA 98908

\$15/year Mailed or \$10/year E-mailed

# Let's talk about how you can flourish here.

INDEPENDENT LIVING, ASSISTED LIVING, SKILLED NURSING & SHORT-TERM REHABILITATION

The Terraces at Summitview

a human good community

Call (509) 653-5904 or visit Terraces At Summitview.com

WELCOME TO LIFE PLAN COMMUNITY LIVING

### **HOURS**

MONDAY - FRIDAY 8:00 am - 4:00 pm SATURDAY 9:00 am - 3:30 pm SUNDAY Closed

### **LOCATION**

101 N 65TH AVE, YAKIMA, WA 98908

### **CONTACT INFORMATION**

Front Desk (509) 575-6166 Fax (509) 576-6407

### Recreation Program Supervisor

Leslie Richards (509)576-6402 Leslie.Richards@yakimawa.gov

### Trips & Tour Recreational Leader

Lori Schatz (509)576-6405 Lori.Schatz@yakimawa.gov *Harman Center Assistant* 

Ricardo Bernal (509)576-6403 Ricardo.Bernal@yakimawa.gov

WWW.YAKIMAPARKS.COM/SENIOR-CENTER



# WEEKLY SCHEDULE

MONDAY	TUESDAY	WEDNESDAY					
FOREVER FITNESS 8:25am & 9:30am \$15 /punch card or \$1.50 Drop-in	ZUMBA w/ JULISSA 9:00am - 10:00am \$40 /month or \$6 /session	FOREVER FITNESS 8:25am & 9:30am \$15 /punch card or \$1.50 Drop-in					
PING PONG 10:30am - 1:00pm \$15 /punch card or \$1.50 Drop-in	COLORING GROUP 10:00am - 2:00pm \$15 /punch card or \$1.50 Drop-in	WOODCARVING 9:00am - 11:00am \$15 /Qtr or \$1.50 Drop-in					
PARKINSON'S PING PONG 1:00pm - 4:00pm \$15 /punch card or \$1.50 Drop-in	PARKINSON'S SUPPORT GROUP (2nd Tuesday of the Month) 1:00PM—2:30PM	BLOOD PRESSURE/BLOOD SUGAR SCREENING 9:00am - 11:00am FREE					
CARD & TABLE GAMES Hand & Foot, Pinochle, Mah Jong 1:00pm - 4:00pm	CARD & TABLE GAMES Skip Bo, Cribbage, Dominoes, Bridge, Pinochle. 1:00pm - 4:00pm	GRIEF SUPPORT GROUP 11:30am - 12:30pm FREE					
YAKIMA VALLEY ARTIST ASSOCIATION (2nd Monday of the Month) 5:30pm - 7:30pm	TAP DANCING Level 2 Begin: 2:30pm - 3:15pm Level 1 Begin: 3:20pm - 4:05pm Advanced: 4:15pm - 5:10pm Intermediate: 5:30pm - 6:15pm \$15 /Qtr or \$1.50 Drop-in	KNITTING & CROCHETING 12:00pm - 2:00pm \$15 /punch card or \$1.50 Drop-in *bring your own supplies					
<b>Ukulele</b> (1st & 3rd Mondays) \$1.50 Drop-in   10:00am	<b>PINOCHLE</b> 3:00pm - 5:30pm \$15 /Qtr or \$1.50 Drop-in	SCRAPBOOKING & STAMPING 12:30pm - 3:00pm \$15 /Qtr or \$1.50 Drop-in					



November 7th

Thanksgiving Bingo- 1:00pm to 4:00pm

December 5th

Christmas Pictionary - 1:00pm to 4:00pm

#### **CRAFTING GROUP**

Jewelry, Diamond Art, Beading 1:00pm - 3:00pm \$15 /Qtr or \$1.50 Drop-in

### WALKING IN THE BALLROOM

1:00pm - 2:00pm - FREE

#### **QUILTERS GUILD**

(1st & 3rd Wednesdays) 7:00pm

### **Line Dancing**

1:00pm - 2:00pm \$1.50 Drop-in

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		SUZO STATE
THURSDAY	FRIDAY	SATURDAY
ZUMBA w/ JULISSA 9:00am - 10:00am \$40 /month or \$6 /session	FOREVER FITNESS 8:25am & 9:30am \$15 /punch card or \$1.50 Drop-in	<b>BINGO</b> 10:00am - 12:30PM \$15 Qtr or \$1.50 Drop-in
OIL PAINTING 9:00am—11:00am \$15 /Qtr or \$1.50 Drop-in	<b>WATERCOLOR</b> 9:00am—11:00am \$15 /Qtr or \$1.50 Drop-in	CARD & TABLE GAMES Bridge 10:00am - 1:00pm
TOPS Weight Loss Support 10:00am—11:20am	WRITING GROUP 9:00am—11:00am \$15 /Qtr or \$1.50 Drop-in	CROCHETING & KNITTING 10:00am - 12:00pm \$15 /punch card or \$1.50 Drop-in
PILATES W/ JILL 10:30am—11:30am \$15 /punch card or \$1.50 Drop –in	COLORING GROUP 10:00am - 2:00pm \$15 /punch card or \$1.50 Drop-in	CARD & TABLE GAMES Hand & Foot 11:00am—2:00pm
PING PONG 10:30am—2:00pm \$15 /punch card or \$1.50 Drop-in	JAM SESSION 1:00pm - 2:30pm FREE	CARD & TABLE GAMES Pinochle 1:00pm—3:30pm
QUILTING CLUB 12:30pm - 3:00pm \$15 /punch card or \$1.50 Drop-in	KITTING & CROCHETING 1:00pm - 3:00pm \$15 /punch card or \$1.50 Drop-in	CLASS/ACTIVITY CANCELLATIONS

# **CARD & TABLE GAMES**

Hand & Foot 1:00pm - 4:00pm

#### WALKING IN THE BALLROOM

1:00pm - 2:00pm - FREE

# STITCHED TOGETHER CRAFT GROUP

Knit, Crochet, Cross Stitch, Beading 1:00pm - 3:00pm

\$15 /punch card or \$1.50 Drop-in

#### Council of the Blind

(4th Friday of the Month) 1:30pm - 3:30pm

# **POOL ROOM OPEN DAILY**



#### **Pool Dues**



\$25 /per year or .75/per



# **REVOLUTAIONARY** WAR SEMINAR

6:00pm | Tuesday October 7th by Susan Maza

Please RSVP for class. Space limited.

# **CANCELLATIONS**

If the minimum participation requirement is not met, it may be necessary to cancel. If the Harman Center has cancelled the class/activity, a full refund will be issued to each paid participant.

# Yakima Valley Senior Citizens, Inc.



Fall is definitely in the air! As the leaves begin to turn and the air grows cooler, we welcome the peaceful beauty of autumn.

Thank you to our many volunteers, you are appreciated for all that you do! You give your time, energy, talents and I applaud your dedication! I enjoy each and every single one of you!

We welcome all to our monthly meetings on the second Thursday of each month. Join us to learn about our current events and give us your input! The meetings begin at 1:00 PM and last about an hour. Hope to see you there!

Coming up we have our delicious apple crisp dessert on October 17th at 1:30, we will be peeling apples on the 16th at noon. If you have a peeler, come on in at 12:00 to help out and have some fun with the crew!

The Election of Board Members will take place at our November 13th meeting. In order to be eligible to vote, one must have attended 3 meetings.

After getting those leaves raked up, it will be time to get the snow shovels ready! That reminds me on December 6th, we will have our Breakfast with Santa.

Thank you for those that come to our fund raiser events. We also appreciate those that purchase and/or donate at the coffee bar, enjoy our lunches on Mondays, Tuesdays, and Wednesdays, 11:00 AM plus our Saturday breakfasts 9 AM.

Thank you for your donations!
Evelyn Sowers
Krispy Kreme Donuts
Daisy Queen, Market Street, Union Gap
Dairy Queen W Nob Hill Blvd,
Safeway 56th and 24th
Fred Meyer
Empowering Meals
Edward Jones
Holt Wealth Management
West Valley Grocery Outlet
Grocery Outlet
Kim Acacio

Keep on keeping on!

Linda Lockwood, YVSC, Inc. President

YVSC, INC.

Non—profit organization (501c3) established to raise funds to help maintain and support the Harman Center and advocate for senior services in our community.

**OFFICE HOURS:** Monday, Wednesday, Friday 9:00 am - Noon

**PHONE**: (509) 576-6404 LOCATION: SE Corner of Harman Center



#### **2025 BOARD MEMBERS**

PRESIDENT LINDA LOCKWOOD

V-President

**AXEL RAPTCHEFF** 

SECRETARY BEV FICKEL

TREASURER
RITA PENNER

**TRUSTEES** 

MARLENE BROOKS, HARRY
PETERSEN, MARV FRANKLIN,
INEZ HARRIS, CAROL
HERAUF, DIANA HERRON,
BONNIE MUNDELL, MARY
ANN THOMAIER, MARLA

# **BUNCO GAME DAY**

\$3 PER PERSON

OCT 10, NOV 14, DEC 12

FRIDAY | 1:00 PM

RVSP AT THE FRONT DESK

YVSC, INC. MEETINGS

Every 2nd Thursday of the Month @ 1:00 PM

Harman Center Classroom A

October 9th November 13th December 11th



# Yakima Valley Senior Citizens, Inc.



# LAST BBQ OF THE YEAR

OCTOBER 29TH!

11:30AM \$ 8.00



A great big THANK YOU to all who donate product and money to the Coffee Bar, and also to all the volunteers who give their time to work and serve at the Coffee Bar.

Wishing all a Merry Christmas and Happy New Year!



# **OPEN DAILY**

**COFFEE:** Sm: \$1.00 Lg: \$1.50

SODA: Can: \$1.00 Bottle: \$1.50

Donuts & Treats

Available Too!

Bring a Friend & enjoy a relaxing moment!



#### **EVERY:**

MONDAY/TUESDAY/ WEDNESDAY

11:00 am - 12:00 pm \$6.00



9:00 AM \$7.00

Eggs, Bacon, Sausage,
Blueberry Pancakes,
Potatoes, Biscuits & Gravy,
and coffee.

Lots of yummy food at an affordable price! All ages welcome!



# APPLE CRISP

1:30pm - 2:30pm

October 17th

\$5.00 per person



SATURDAY DECEMBER 6TH 9:00 am - 11:00 am

\$7.00 per person

\$3.50 4 y/o and under



# Information, Events, Classes, Groups

#### **BLOOD DRIVE**

The Harman Center and American Red Cross are teaming up for an end of year blood drive. Call Leslie at (509)576-6402 to sign up!



FRIDAY, DECEMBER 12, 2025 10:00AM - 3:00PM

Finish 2025 with the best gift... A Gift of Life!



#### **BOOK CLUB 10:30AM**

October 27, 2025

"Drive your Plow Over Bones of the Dead" by Olga Czuk

November 24, 2025 "The Beautiful Mystery" by Louise Penny

December 22, 2025

"Harry's Trees" by John Cohen 2025 Book of the Month selections will be chosen at the December 22nd Book Club meeting.

### **CAREGIVER SUPPORT GROUP**

Do you or someone you know, need a place to share, discuss, or learn more about the stresses and rewards of providing care for loved ones?

Join us at our next Support Group

EVERY 4TH WEDNESDAY OF THE MONTH 2:00PM — 3:00PM in Classroom A

October 22nd, November 26th, December 17th



### **Dinner CLUB**

EVERY 3RD THURSDAY OF THE MONTH

OCTOBER 16, 2025: 11:30 AM

THE DRIFT INN - 10450 Hwy 12, Naches.

NOVEMBER 20, 2025: 11:30 AM

SECOND STREET GRILL - 28 N 2nd St. Yakima.

DECEMBER 18, 2025: 11:30 AM TAJ PALACE - 2710 W Nob Hill, Yakima.

RSVP at the front desk or call (509) 575-6166

# **ESSENTIAL OILS CLASSES**

10:30AM

Intermediate Classes

October 20: strong immune system
November 17: eo's for every age

December 15: Frankincense, Myrrh,

**CINNAMON** 

**BEGINNER CLASSES** 

October 13: LEMON

November 10: LAVENDER

December 8: BASICS FRANKINCENSE

### **AARP DRIVER'S REFRESHER COURSE**

Drivers 55+ who complete this two (2) day classroom course may qualify for auto insurance discount. *No driving or testing required.* 

CLASSES HELD ONCE A MONTH ON A TUESDAY & WEDNESDAY 8:30AM-12:30PM

October 21/22 November 18/19 December 16/17

Cost \$20 for AARP members and \$25 for non AARP members.

For more information or to register, contact Paul Schafer: (509) 453-2606



# **VETERANS DAY CELEBRATION!**

Monday, November 10th, 2025

1:30pm



Join us in recognizing and honoring our heroes for their selfless service to our Country!

# **Information, Events, Classes, Groups**

2025



**SATURDAY, NOVEMBER 1ST, 2025** 8:00AM - 3:00PM



Mark your calendar for this festive event with fabulous crafted items, holiday gifts, and more provided by over 40 vendors!

- Free Admission
- Raffles
- Breakfast & Soup/Sandwich Lunch available for purchase
- Coffee, Snacks, Soda available for purchase

2026 Bazaar Registrations is "to be determined". Please reach out on January 23rd.

# **COMPUTER LAB**

Computer Tech Help 9:00am - 12:00pm

Monday, Wednesday, Thursday, Friday

**Open Lab Hours** 

Monday - Friday 9:00am - 3:00pm

WIRELESS INTERNET WIFT AVAILABLE:

Network: **Harman Center Wifi**Password: **SeniorCenter**Labs closed to the public during computer classes scheduled below.

CLASS	DATE	TIME	FEE	INSTRUCTOR
Android	Wed: November 12	9:00am - 10:30am	FREE	Kay Pexa
Preventing Frauds & Scams	Tues: October 14	10:00am - 12:00pm	\$10	Mike Mullen
Preventing Frauds & Scams	Tues: December 9	10:00am - 12:00pm	\$10	Mike Mullen
Facebook	Fri: October 17	9:00am - 11:00am	\$10	Marv Franklin
Facebook	Fri: November 21	9:00am - 11:00am	\$10	Marv Franklin
Facebook	Fri: December 19	9:00am - 11:00am	\$10	Marv Franklin
Intro to Excel	Thurs: October 16	9:00am - 10:30am	\$10	Kay Pexa
Intro to Excel	Thurs: November 6	9:00am - 10:30am	\$10	Kay Pexa
Intro to Word	Wed: October 15	9:00am - 10:30am	\$10	Kay Pexa
Intro to Word	Wed: November 5	9:00am - 10:30am	\$10	Kay Pexa
Intro to Outlook	Thurs: Dec 18	9:00am - 10:30am	\$10	Kay Pexa
Windows 11—Beginners	October 22 October 23	9:00am - 10:30am	\$40	Kay Pexa
(4 day course)	October 29 October 30	9.00aiii - 10.30aiii		
Windows 11—Beginners	December 3 December 4	9:00am - 10:30am	\$40	Kay Pexa
(4 day course)	December 10 December 11	9.00diii - 10.30diii		

**IMPORTANT NOTICE:** Classes are filled on a first-come, first serve basis! Register and pay for class at the front desk. Registrations taken no later than two (2) days before class start date. **You are NOT registered UNTIL THE CLASS FEE HAS BEEN PAID!** If no one has pre-registered for class, class session will be cancelled.

Harman Center 101 N 65th Avenue Yakima, WA 98908

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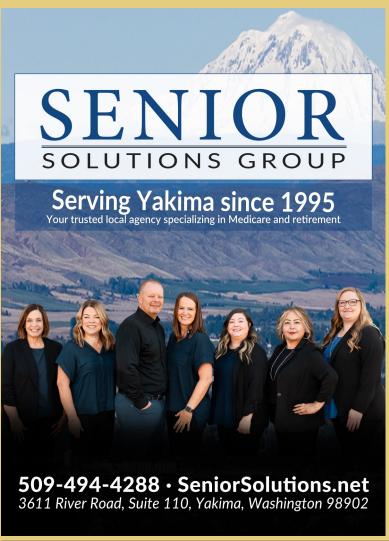
the government or federal Medicare program. We do not offer every plan available in your area. Currently we represent 8 organizations which offer 75 products in your area. Please contact Medicare.gov or 1-800-MEDICARE, or your local State Health Insurance Program to get information on all your options.

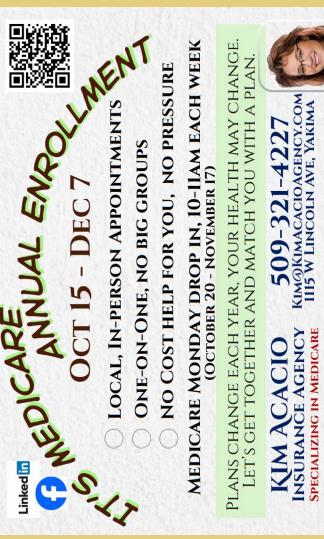
Calling the number above will direct you to a Licensed Insurance Agent.

#### **QUARTERLY NEWSLETTER SUBSCRIPTION COSTS**

YEARLY MAILED: \$15 YEARLY E-MAILED: \$10 YEARLY MAILED & E-MAILED: \$25

#### PLEASE SUPPORT THE ADVERTISERS THROUGHT OUR NEWSLETTER WHO SUPPORT THE HARMAN CENTER!





# DISCLAIMER

- The Harman Center does not endorse any speaker, service or product that is represented in any class, advertisement or function in our facility. The City of Yakima does not discriminate in providing services on the grounds of race, creed, color, religion, national origin, gender, age, marital status, or the presence of any sensory, mental or physical handicap
- The Harman Center is not responsible for any item that is left at the Center. If left over two (2) weeks, item(s) will become the property of the Harman Center.