



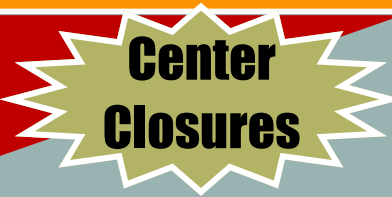
# HARMAN CENTER

at Gailleon Park

## Newsletter

2023 Fall Issue

The Harman Center will be **CLOSED** on the following



**Tuesday, October 24th**

*City of Yakima Staff Wellness Fair*

**Friday, November 3rd—Closing at 12:00pm**  
*Bazaar Set Up*

**Friday, November 10th & Saturday, November 11th**  
*Veteran's Day Observance*

**Thursday, November 23rd  
Friday, November 24th  
Saturday, November 25th**  
*Thanksgiving*

**Saturday, December 23rd  
Monday, December 25th**  
*Christmas*

HAS YOUR NEWSLETTER SUBSCRIPTION EXPIRED?

CHECK THE UPPER RIGHT HAND CORNER OF YOUR ADDRESS LABEL FOR THE EXPIRATION DATE (MM/YY).

RENEW YOUR SUBSCRIPTION BY STOPPING BY THE HARMAN CENTER FRONT DESK OR MAIL A CHECK PAYABLE TO *CITY OF YAKIMA* AT 101 N 65TH AVE, YAKIMA, WA 98908

### HOURS

MONDAY - FRIDAY 8:00 am - 4:00 pm  
SATURDAY 9:00 am - 3:30 pm  
SUNDAY Closed

### LOCATION

101 N 65TH AVE, YAKIMA, WA 98908

### CONTACT INFORMATION

Front Desk (509) 575-6166  
Fax (509) 576-6407

#### Recreation Program Supervisor

Leslie Richards (509)576-6402  
Leslie.Richards@yakimawa.gov

#### Trips & Tour Recreational Leader

Lori Schatz (509)576-6405  
Lori.Schatz@yakimawa.gov

#### Harman Center Assistant

Gabby Christison (509)576-6403  
Gabriela.Christison@yakimawa.gov

WWW.YAKIMAPARKS.COM/SENIOR-CENTER

All persons 50 and older are welcome to participate in a wealth of recreational, educational and social activities at the Harman Center, a unit of City of Yakima's Department of Public Works. Harman Center is a tax-supported City service. We host a variety of family-friendly events throughout the year. Join in our activities and classes; come enjoy our billiards, computer or library rooms; or experience our trips and tours!



Yakima Harman Center and HC Trips & Tours

**Chat Face!** With the Harman Center Girls

EVERY WEDNESDAY



## From the desk of Leslie Richards

Happy Fall Y'all! Can you believe how quickly this year has zoomed by? It's that time of the year again to revel in pumpkin spice lattes, witness the leaves changing hues, and breathe in the cool, crisp air. Ah, isn't Fall just the best? I can't contain my excitement, and I hope you can't either!

Mark your calendars because there's a lot to look forward to! On November 4th, we're having our fabulous Holiday Bazaar, promising a day filled with laughter, shopping, and spreading cheer. And just a few days later, on November 8th, we'll be honoring our veterans with a special celebration to show our heartfelt appreciation for their service and sacrifice.

But that's not all, folks! Brace yourselves for the excitement of our very first Ping Pong Tournament on Nov 17th. It's going to be a smashing event (pun intended!), and I can't wait to see who emerges as the ping pong champ of our Harman Center community! For more juicy details about all these events and more, don't forget to check out our newsletter or stop by the friendly faces at the Harman Center front desk.

Now, let's take a moment to give a huge shout-out and a virtual round of applause to our incredible volunteers! You all have been the backbone of our success, and we couldn't have achieved so much without your unwavering dedication and help. We are always open to welcoming new volunteers with open arms, so if you have an interest in contributing your time and talents to our Harman Center family, come on down to the front desk to grab an application and explore the exciting opportunities awaiting you.

On one last note, a big shout out to Senior Inc. for purchasing new card tables and purchasing a new ice machine for the kitchen. Your contributions are greatly appreciated!

Sending each of you lots of warm wishes and bear-sized hugs,

Leslie Richards  
Recreation Program Supervisor

northwest  
HARVEST

CANNED FOOD DRIVE

NOVEMBER  
1ST — 30TH

COLLECTING UNEXPIRED &  
NON-PERISHABLE GOODS

Drop off items at the  
Harman Center



## Medicare Advantage made for you.

Get access to local providers you trust and customer service right in Yakima.

Visit us online at [HealthAlliance.org/Medicare](http://HealthAlliance.org/Medicare) or in-person at 1701 Creekside Loop #100 right here in Yakima.



Health Alliance Northwest™ is a HMO plan with a Medicare contract. Enrollment in Health Alliance Northwest™ depends on contract renewal. Other providers are available in our network.

MDMKNW23-harmanctrad-0723 • H3471\_23\_113834\_M

# VOLUNTEER OF THE MONTH



**LINDA MILLER**  
June 2023



**CINDY HERRING**  
July 2023



**KATE BOWDITCH**  
August 2023



**DONATE A NEW, UNOPENED AND UNWRAPPED TOY FOR A CHILD!**  
**OCTOBER 1 — DECEMBER 8, 2023**  
 Donations can be dropped off at the Harman Center Front Desk



*Offering hope and maximizing quality of life for people with vision loss since 2006*

Schedule your low vision evaluation or visit our store anytime for devices to make a difference in your daily life

Tues/Wed/Fri from 9 a.m. - 4 p.m.  
311 N 4<sup>th</sup> Street, Suite 104

**Call 509.452.8301 for more info about the Dinner in the Dark fundraiser November 18!**

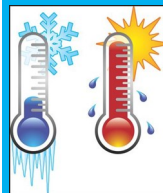
This ad was made possible with funds from a generous grant by Northwest Lions Foundation.



**LOVED  
REMEMBERED  
TREASURED**

*IN LOVING  
Memory*

*Olga Perrault  
Janice Arens  
Ann Garman  
Joan Ford  
Brian Rowland*



Our building and room temperatures can fluctuate throughout the day. Our HVAC unit is also getting older and having a hard time adapting to extreme adjustments.

**PLEASE BRING A SWEATER OR DRESS IN LAYERS IF THE TEMPRATURES ARE UNCOMFORTABLE FOR YOU!**



*Living Well*

FREE Senior Home Placement

**CALL  
US  
FIRST!**

**Karen Sousley**  
Senior Placement Advisor  
Regional Director  
509-969-2380  
LWseniorhome7@gmail.com  
www.LivingWellSenior.com



# TRAVEL JOURNAL

I love fall, the smell of the leaves and the crispness in the air and of course traveling.

As most of you know, I will be out on trips for most of the month of October and I am very excited for those of you who will be going with me to:

- \* Chicago, Illinois from October 10<sup>th</sup> to October 15<sup>th</sup>
- \* Lunch & the Pumpkin Festival at the Country Mercantile in Pasco on October 21<sup>st</sup>
- \* Tuscany, Italy from October 24<sup>th</sup> to November 2<sup>nd</sup>.

So if you need me you can always leave me a message or drop me an email if it is urgent, otherwise Leslie, Gabby or our wonderful front desk staff will do what they can to take care of any questions you may have.



**Lori Schatz**  
Trip & Tour Coordinator

(509) 576-6405

[Lori.Schatz@yakimawa.gov](mailto:Lori.Schatz@yakimawa.gov)



## Final Trip of the 2023 Year!

### NEW YEAR'S EVE IN SAN FRANCISCO

DEC 29, 2023 - JAN 2, 2024

5 Days & 4 Nights

\$2,999 ppdo \$3,399 ppso

Come and celebrate the exiting of 2023 and the ringing in of 2024 with myself and Friendly Excursions in San Francisco, Monterey Bay and Carmel by the Sea!

Our New Year's Eve trips are always a great way to say goodbye to the old year and hello to the new one! See the flyer for more information and all that this trip entails.

## TRIP PRESENTATIONS

**Friday**  
**October 6, 2023**  
**1:00 PM**

*w/ Premier Travel*

- Ecuador & the Galapagos
- Savannah & Charleston
- Philadelphia & the Amish

**Wednesday**  
**November 15, 2023**  
**1:00pm**

*w/ Friendly Excursions*

- Mardi Gras - New Orleans
- Florida – from the Keys to Disney World & Smoky Mountain Adventure



# TRAVEL JOURNAL

## PACIFIC NORTHWEST TRAVEL BOOKS

The 2024 P.N.W. Travel Books will be delivered to all of our subscribers before Christmas!!! Make sure your subscription is up to date!

And now, for the information you have all been waiting for...

*The date to call for your January 2024 appointment to book your trip...  
(drum roll please)*



**SATURDAY, DECEMBER 9, 2023: Starting @ 6:00 AM**

Call **(509) 576-6405** and leave your name(s) and phone number!

I will call you back the following week with your scheduled appointment time.

If you want your appointment with another traveler, state their name too in the message and I will assign a time for you both (or all) to come in.

## THE 2024 WORLD TRAVEL—INTERNATIONAL & DOMESTIC


*Registrations for world travel are going through the roof!*

This year we DO NOT have catalogs available at the travel desk for 2024 trips, but if you send me your name, address and phone number, I will personally send you one with the flyers and registrations. You can leave your information at the front desk, leave me a voicemail message or email me.

- FEB 6—11:**            **COUNT DOWN TO MARDI GRAS** – yes, we are going back!!! This was an amazing trip that everyone should experience!
- FEB 13 - 20:**        **ECUADOR AND A CRUISE TO THE GALAPAGOS ISLAND**
- APR 26 - MAY 2:**   **HISTORIC SAVANNAH & CHARLESTON FEATURING JEKYLL ISLAND**
- MAY 14 - 21:**       **FLORIDA KEYS, MIAMI, CAPE CANAVERAL AND YOUR CHOICE OF THEME PARK – UNIVERSAL OR DISNEY WORLD FOR A DAY**
- SEPT 4 - 13:**        **A SMOKEY MOUNTAIN ADVENTURE – TENNESSEE TO KENTUCKY – NASHVILLE, DOLLYWOOD, GAITLANDBURG, MAMMOTH CAVES, AND THE ARK ENCOUNTER**
- SEPT 22 - 27:**      **PHILIDELPHIA, AMISH COUNTRY AND BRANDYWINE VALLEY**
- OCT 16 - 31:**       **FRIENDLY EXCURSIONS 50<sup>TH</sup> ANNIVERSARY CRUISE FEATURING GREECE, TURKEY, SO. FRANCE AND ITALY.**  
**SOLD OUT**
- DEC 28 - JAN 1:**    **NEW YEAR'S EVE IN SAN DIEGO – FEATURING SEAWORLD, SAN DIEGO ZOO, THE USS MIDWAY AND THE HOTEL DEL CORONADO CHRISTMAS LIGHTS**



# WEEKLY SCHEDULE

MONDAY	TUESDAY	WEDNESDAY
<b>FOREVER FITNESS</b> 8:25am & 9:30am \$15 /punch card or \$1.50 Drop-in	<b>GET FIT W/ JOANN &amp; JOYCE</b> 9:00am FREE	<b>FOREVER FITNESS</b> 8:25am & 9:30am \$15 /punch card or \$1.50 Drop-in
<b>PING PONG</b> 10:30am - 1:00pm \$15 /punch card or \$1.50 Drop-in	<b>COLORING GROUP</b> 10:00am - 2:00pm \$15 /punch card or \$1.50 Drop-in <i>*bring your own supplies</i>	<b>WOODCARVING</b> 9:00am - 11:00am \$15 /Qtr or \$1.50 Drop-in <i>*bring your own supplies</i>
<b>PARKINSON'S PING PONG</b> 1:00pm - 4:00pm \$15 /punch card or \$1.50 Drop-in	<b>CARD &amp; TABLE GAMES</b> Skip Bo, Cribbage, Dominoes, Bridge 1:00pm - 4:00pm \$15 /punch card or \$1.50 Drop-in	<b>BLOOD PRESSURE/ BLOOD SUGAR SCREENING</b> 9:00am - 11:00am FREE
<b>CARD &amp; TABLE GAMES</b> Hand & Foot, Pinochle, Mah Jong 1:00pm - 4:00pm \$15 /punch card or \$1.50 Drop-in	<b>TAP DANCING</b> Beginner: 3:00pm - 4:00pm Advanced: 4:00pm - 5:00pm Intermediate: 5:30pm - 6:15pm	<b>GRIEF SUPPORT GROUP</b> 11:30am - 12:30pm FREE
<b>YAKIMA VALLEY ARTIST ASSOCIATION</b> (3rd Monday of the Month) 6:00pm - 8:00pm	<div style="border: 2px solid red; padding: 10px; text-align: center;"> <p><b>WHITE ELEPHANT GIFT EXCHANGE</b></p>  <p><b>Tuesday December 19, 2023 1:00 PM</b></p> <p>Bring a \$10-\$15 value gift to play!</p> </div>	<b>CROCHETING &amp; KNITTING</b> 12:00pm - 2:00pm \$15 /punch card or \$1.50 Drop-in <i>*bring your own supplies</i>
		<b>SCRAPBOOKING &amp; STAMPING</b> 12:30pm - 3:00pm \$15 /Qtr or \$1.50 Drop-in <i>*bring your own supplies</i>
		<b>CRAFTING GROUP</b> Jewelry, Diamond Art, Beading 1:00pm - 3:00pm \$15 /Qtr or \$1.50 Drop-in <i>*bring your own supplies</i>
<div style="border: 1px solid blue; border-radius: 50%; width: 100px; height: 100px; display: flex; align-items: center; justify-content: center; margin: 0 auto 20px auto;"> <p><b>MEET AND GREET</b></p> </div> <p>Are you or someone you know new to the Harman Center or new to the area?</p> <p>Come to a <i>Meet &amp; Greet</i> for a tour and information on activities, events and trips!</p> <p><b>EVERY 3RD WEDNESDAY OF THE MONTH AT 9:30 AM!</b></p> <p><b>OCTOBER 18TH NOVEMBER 15TH DECEMBER 20TH</b></p>	<div style="border: 2px solid yellow; border-radius: 50%; padding: 20px; text-align: center;"> <p><u>CLASS/ACTIVITY CANCELLATIONS</u></p> <p>If the minimum participation requirement is not met, it may be necessary to cancel. If the Harman Center has cancelled the class/activity, a full refund will be issued to each paid participant.</p> </div>	<b>WALKING IN THE BALLROOM</b> 1:00pm - 2:00pm FREE
		<b>CAREGIVERS SUPPORT</b> (4th Wednesday of Month) 2:00pm - 3:00pm FREE
		<b>LINE DANCING</b> 4:00pm - 5:00pm \$15 /month or \$4 /session
<b>QUILTERS GUILD</b> (1st & 3rd Wednesdays) 7:00pm		

# FALL 2023



THURSDAY	FRIDAY	SATURDAY
<b>GET FIT W/ JOANN &amp; JOYCE</b> 9:00am FREE	<b>FOREVER FITNESS</b> 8:25am & 9:30am \$15 /punch card or \$1.50 Drop-in	<b>BINGO</b> 10:00am - 12:30PM \$15 Qtr or \$1.50 Drop-in
<b>OIL PAINTING</b> 9:00am - 11:00am \$15 /Qtr or \$1.50 Drop-in <i>*bring your own supplies</i>	<b>WATERCOLOR</b> 9:00am - 11:00am \$15 /Qtr or \$1.50 Drop-in <i>*bring your own supplies</i>	<b>CARD &amp; TABLE GAMES</b> Bridge 10:00am - 1:00pm \$15 /punch card or \$1.50 Drop-in
<b>TOPS</b> <b>Weight Loss Support</b> 10:00am - 11:20am \$32/ yearly + \$21 Qtr	<b>WRITING CLUB</b> 9:30am - 11:00am \$15 /Qtr or \$1.50 Drop-in <i>*bring your own supplies</i>	<b>CROCHETING &amp; KNITTING</b> 10:00am - 12:00pm \$15 /punch card or \$1.50 Drop-in <i>*bring your own supplies</i>
<b>PILATES W/ JILL</b> 10:30am—11:30am \$15 /punch card or \$1.50 Drop -in	<b>COLORING GROUP</b> 10:00am - 2:00pm \$15 /punch card or \$1.50 Drop-in <i>*bring your own supplies</i>	<b>CARD &amp; TABLE GAMES</b> Hand & Foot 11:00am - 2:00pm \$15 /punch card or \$1.50 Drop-in
<b>PING PONG</b> 10:30am - 2:00pm \$15 /punch card or \$1.50 Drop-in	<b>JAM SESSIONS</b> 1:00 - 2:30pm FREE <i>*bring your own musical instrument</i>	<b>CARD &amp; TABLE GAMES</b> Pinochle 1:00pm—3:30pm \$15 /punch card or \$1.50 Drop-in
<b>QUILTING CLUB</b> 12:30pm - 3:00pm \$15 /punch card or \$1.50 Drop-in <i>*bring your own supplies</i>	<div data-bbox="553 1052 857 1436" data-label="Complex-Block"> <p><b>POOL ROOM OPEN DAILY</b></p>  <p><b>Pool Dues \$20 /per year or .50 /per day</b></p> </div>	
<b>CARD &amp; TABLE GAMES</b> Hand & Foot 1:00pm - 4:00pm \$15 /punch card or \$1.50 Drop-in		
<b>WALKING IN THE BALLROOM</b> 1:00pm - 2:00pm FREE		
<b>STITCHED TOGETHER CRAFT GROUP</b> Knit, Crochet, Cross Stitch, Beading 1:00pm - 3:00pm \$15 /Qtr or \$1.50 Drop-in <i>*bring your own supplies</i>		



**Friday, November 17**

**1:00pm—4:00pm**

**TEAM PLAYERS SIGN UP  
BY NOVEMBER 3rd!**

**For more information contact Leslie at  
(509) 576-6402**

**FREE TO PLAY TOURNAMENT!  
Just bring your paddles.  
Prizes awarded  
to top 2 teams!**



**WEDNESDAY, OCTOBER 18TH  
11:30AM - 1:30PM  
REGISTRATION REQUIRED**



**AARP WILL MAIL EVENT INFORMATION DIRECTLY  
TO MEMBERS. CHECK YOUR MAILBOXES!**

# Yakima Valley Senior Citizens, Inc.



Hi everyone! It is time for my last letter of the 2023 year. We have had a very busy year in Senior Inc.. I want to thank all of you who take the time to attend our monthly meetings and are getting involved in the decision making that effects the Center.

How do you like the new card tables that are now being used throughout the Center? The old tables were very heavy and in need of repair. The kitchen's ice machine also broke down and Senior Inc came to the rescue purchasing card tables and a new ice machine! The last ice machine was purchased in 2013 by Senior Inc. So I thought this would be a good time to toot our horn and list some of the large contributions our organization has purchased for the Harman Center since 2006:

1. Digital Outdoor Sign - Corner of Summitview & 65th Ave
2. Outdoor Storage Sheds (2)
3. Ping Pong Table
4. New flooring in Classroom A
5. New Window Blinds in Ballroom
6. New Carpet in Office Area
7. Parking Lot Lights & Security Cameras upgrade
8. New Carpet in Lobby & Library
9. Sliding Glass Entry Doors at main entrance of Harman Center

I hope this gives you an idea of what our Mission is here at the Center and we would like to invite all or you to join us at our meetings on the 2nd Thursday of each month.

I want to take this time to also thank all the Volunteers that have helped at our events throughout the 2023 year. Also thank you to the volunteers who over the years have helped the Center run smoothly: Megan Cupp for decorating so beautifully with a creative theme each month; Melba Kelley and Ellen Matich for operating the Coffee Bar so efficiently; Jan and Sharon Jonsson for all the center pieces they have created for events and decorating the Christmas Tree each year; and Mike Burns and Debbie Simmons and the crew for the Saturday Breakfasts. We have the best Volunteers here at the Harman Center and you Volunteers are ALL very much appreciated!

**Lois Cruikshank**, YVSC, Inc. President

.....  
**YVSC, INC.**

*Non-profit organization (501c3) established to raise funds to help maintain and support the Harman Center and advocate for senior services in our community.*

**OFFICE HOURS:** Monday, Wednesday, Friday 9:00 am - Noon

**PHONE:** (509) 576-6404      **LOCATION:** SE Corner of Harman Center

**BAKED POTATO FEED**  
**THURSDAY**  
**OCTOBER 19, 2023**  
**5:30-6:30pm**  
**\$8.00**



All the fixin's provided to create your own delicious potato meal!

### 2023 BOARD MEMBERS

**PRESIDENT**  
LOIS CRUIKSHANK

**V-PRESIDENT**  
MERLA MANUEL

**SECRETARY**  
IRENE RAPTCHEFF

**TREASURER**  
RITA PENNER

**TRUSTEES**  
HARRY PETERSON, MIKE BURNS, MARV FRANKLIN, CINDY HERRING, MEGAN CUPP, MELBA KELLEY, DIANA HERRON, KAREN GOCHNOUR, AND LINDA LOCKWOOD

**YVSC, INC. MEETINGS**  
**Every 2nd Thursday of the Month @ 1:00 PM**  
Harman Center Classroom A

**October 12th**  
**November 9th**  
**December 14th**



# Yakima Valley Senior Citizens, Inc.



**OPEN DAILY**

**COFFEE:** Sm: .75 Lg: \$1.00

**SODA:** Can: .50 Bottle: \$1.00

**Donuts & Snacks  
Available Too!**

**Stop by to relax, unwind and  
have a delicious cup of coffee!**

Donations of small paper plates, and napkins  
are always welcome and greatly appreciated!



**Soup 'n Sandwich**

**EVERY**

**MONDAY & TUESDAY**

**11:00 am—12:00 pm**

**\$5.00**



**Breakfast**

**EVERY SATURDAY**

**9:00 AM —10:00 AM**

**\$6.00**

*Eggs, Bacon, Sausage, Blueberry  
Pancakes, Potatoes,  
Biscuits & Gravy*

**Lots of yummy food at an  
affordable price!  
All ages welcome!**

**LAST BBQ OF  
THEY YEAR!!**

**BBQ**

**Wednesday  
October 25th**

**11:30am  
to  
12:30pm**



*BBQ Hamburger,  
Salad & Beans*

*Thank you ...*

**A great big THANK YOU to all who donate product and  
money to the Coffee Bar, and also to all the volunteers  
who give their time to work and serve at the Coffee Bar.**

**Wishing all a Merry Christmas and Happy New Year!**



**SATURDAY  
DECEMBER 2, 2023**

**9:00 am—11:00 am**

**\$6.00 per person  
\$3.00 4 y/o and under**

**ALL AGES WELCOME!**

Come enjoy a yummy breakfast and a visit with Santa.  
Don't forget to take a picture with Santa before he heads back  
to work at the North Pole!

**Krispy Kreme Donuts  
Tree Top  
Apple King  
Grocery Outlet  
Aetna  
Dairy Queen  
Rosauers**

**★ Thank You! ★  
FOR YOUR DONATION**

**Thank you for making  
our events possible  
and a success!**

**DON'T MISS OUT ON THE LAST 2023 CASINO TRIP**

**Oct 11 Snoqualmie Casino \$55**

Contact YVSC, Inc at 509-576-6404 or stop by our office!



**TREX RECYCLE PROGRAM A GREAT SUCCESS!**



YVSC & Harman Center thanks  
everyone who donated to our  
plastic recycling program  
November 2022 — April 2023.  
Your participation allowed us to  
earn a beautiful composite bench  
made of our recycled products.  
Stop by and check out our bench  
located at the front entrance of the  
Harman Center.

# Information, Events, Classes, Groups

## BLOOD DRIVE

The Harman Center and American Red Cross are teaming up for an end of year blood drive. Call Leslie at (509)576-6402 to sign up!



**FRIDAY, DECEMBER 29, 2023**

**10:00AM — 3:00PM**

*Finish 2023 with the best gift... A Gift of Life!*



## BOOK CLUB

**EVERY 4TH MONDAY OF THE MONTH**  
**10:30AM**

**October 23, 2023**

*Lessons in Chemistry* by Bonnie Garmus

**November 27, 2023**

*Librarian of Burned Books* by Brianna Labuskes

**December 18, 2023**

*Elephant in the Garden* by Michael Morpugo

*2024 Book of the Month selections will be chosen at the December 18th Book Club meeting.*

## CAREGIVER SUPPORT GROUP

Do you or someone you know, need a place to share, discuss, or learn more about the stresses and rewards of providing care for loved ones?

Join us at our next Support Group

**EVERY 4TH WEDNESDAY OF THE MONTH**

**2:00PM — 3:00PM in Classroom A**

**October 25th, November 22nd, December 27th**



## PARKINSON'S SUPPORT GROUP

Are you or a loved one affected by Parkinson's? Join us for an hour of support & learning:

**EVERY 2ND TUESDAY OF THE MONTH**

**1:00PM — 2:00PM in Classroom A**

**October 10th, November 14th, December 12th**



## LUNCH CLUB

**EVERY 3RD THURSDAY OF THE MONTH**

**OCTOBER 19, 2023 : 5:30 PM**

**POTATO FEED - Harman Center**

**NOVEMBER 16, 2023: 11:30 AM**

**PAPA BAIRD'S—4108 Terrace Heights Dr**

**DECEMBER 21, 2023: 11:30 AM**

**ROUND TABLE—1300 N 40th Ave**

*RSVP at the front desk or call (509) 575-6166*

**Join us at the restaurant!**



## ESSENTIAL OILS CLASSES

**10:30AM**

### *INTERMEDIATE CLASSES*

**October 16: SCENTS OF THE SEASON**

**November 13: OILS FOR ALL AGES**

**December 4: OILS OF THE BIBLE**

### *BEGINNER CLASSES*

**October 23: ESSENTIAL OILS Q & A**

**November 20: USING OILS EFFECTIVELY & SAFELY**

**December 11: HOMEMADE GIFTS W/ OILS**

## AARP DRIVER'S REFRESHER COURSE

Drivers 55+ who complete this two (2) day classroom course may qualify for auto insurance discount. *No driving or testing required.*

**CLASSES HELD ONCE A MONTH ON A TUESDAY & WEDNESDAY 8:30AM-12:30PM**

**October 17/18 November 14/15 December 12/13**

Cost \$20 for AARP members and \$25 for non AARP members.

*For more information or to register, contact Paul Schafer: (509) 453-2606*



## HISTORY PRESENTATION

Jo Miles, Yakima Valley Historian & Author will present

**"Toppenish: Wild West Years 1884-1915"**

**FRIDAY, OCTOBER 13, 2023**

**1:00PM**



## **COFFEE & DONUTS WITH OUR HEROES!**

**Wednesday, November 8, 2023**

**1:30pm - 3:30pm**



**Join us in recognizing and honoring our heroes for their selfless service to our Country!**

# Information, Events, Classes, Groups

**2023**

**SATURDAY, NOVEMBER 4, 2023**

**8:00AM - 3:00PM**

*Holiday*  
**BAZAAR**

*at the*  
*Harman Center*

**Mark your calendar for this festive event with fabulous crafted items, holiday gifts, and more provided by over 40 vendors!**

- Free Admission
- Raffles
- Breakfast & Soup/Sandwich Lunch available for purchase
- Coffee, Snacks, Soda available for purchase

2024 Bazaar Registrations will open on February 1, 2024. Registrations are first come first serve!



## COMPUTER LAB

WIRELESS INTERNET WIFI AVAILABLE:

Network: Harman Center Wifi

Password: SeniorCenter

**Computer Tech Help**

**9:00am - 12:00pm**

**Monday, Wednesday, Thursday, Friday**

**Open Lab Hours**

**Monday - Friday 9:00am - 3:00pm**

*Labs closed to the public during computer classes scheduled below.*

CLASS	DATE	TIME	FEE	INSTRUCTOR
<b>Android</b>	Thurs: November 9	9:00am - 10:30am	FREE	Kay Pexa
<b>Avoiding Senior Scams</b>	Tues: October 10	10:00am - 12:00pm	\$10	Mike Mullen
<b>Avoiding Senior Scams</b>	Tues: November 14	10:00am - 12:00pm	\$10	Mike Mullen
<b>Avoiding Senior Scams</b>	Tues: December 12	10:00am - 12:00pm	\$10	Mike Mullen
<b>Facebook</b>	Fri: October 20	9:00am - 11:00am	\$10	Marv Franklin
<b>Facebook</b>	Fri: November 17	9:00am - 11:00am	\$10	Marv Franklin
<b>Facebook</b>	Fri: December 15	9:00am - 11:00am	\$10	Marv Franklin
<b>Intro to Excel</b>	Thurs: October 12	9:00am - 11:00am	\$10	Kay Pexa
<b>Intro to Excel</b>	Thurs: November 2	9:00am - 11:00am	\$10	Kay Pexa
<b>Intro to Word</b>	Wed: October 11	9:00am - 11:00am	\$10	Kay Pexa
<b>Intro to Word</b>	Wed: November 1	9:00am - 11:00am	\$10	Kay Pexa
<b>Windows 10—Beginners</b> (4 day course)	Wed: October 18 Thurs: October 19	9:00am - 10:30am	\$40	Kay Pexa
	Wed: October 25 Thurs: October 26			
<b>Windows 10—Beginners</b> (4 day course)	Wed: December 6 Thurs: December 7	9:00am - 10:30am	\$40	Kay Pexa
	Wed: December 13 Thurs: December 14			

**IMPORTANT NOTICE:** Classes are filled on a first-come, first serve basis! Register and pay for class at the front desk. Registrations taken no later than two (2) days before class start date. **YOU ARE NOT REGISTERED UNTIL THE CLASS FEE HAS BEEN PAID!** If no one has pre-registered for class, class session will be cancelled.

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